



**Portsmouth Hospitals**  
NHS Trust

# How do I retube my hearing aid?

**Audiology Department**

## **Specialist Support**

**This leaflet can be made available in another language, large print or another format. Please speak to a member of staff who can advise you**



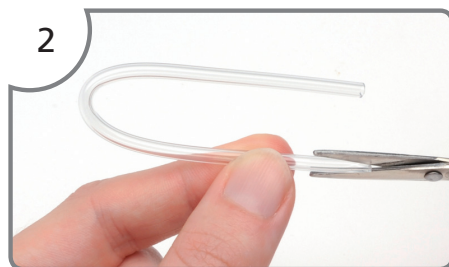


## How do I retube my hearing aid?

Over time the tube that attaches the mould to the hearing aid can become brittle and discoloured. This can alter the sound and comfort of your hearing aid. The tubing needs to be replaced approximately every 6 months.



1 Pull out the old tubing and put it to one side. Do not throw away as you will need it later



2 Take a piece of U-shaped tubing. Taper one end by trimming the tube in half lengthways for 4cm. Cut a point on the end



3 From the back of the mould, thread the tapered end through the top hole until it appears the other side



4 Pull tapered end through until the bend reaches the earmould and the tubing is pointing 90° towards the top of the mould





5  
Take the old piece of tubing you saved and line it up with the newly threaded tube. Cut the end to the same length



6  
Cut the tapered end as close to the ear mould as possible. Make sure this is smooth as it is the part that goes in your ear



7  
Push the end of the new tubing onto the elbow of the hearing aid



8  
Make sure the mould bends in the right direction as shown

If you don't feel confident following the instructions above then please attend the repair clinic at the Queen Alexandra Hospital or book a repair appointment where we can change the tube for you.



## Data Protection Legislation – Privacy Notice

Further information on how we look after your personal information can be found on the Trust Information Governance webpage at [www.porthosp.nhs.uk](http://www.porthosp.nhs.uk) - or alternatively, please speak to a member of staff.

### Consent - What does this mean?

Before any doctor, nurse or therapist examines or treats you they **must have your consent or permission**. Consent ranges from allowing a doctor to take your blood pressure (rolling up your sleeve and presenting your arm is implied consent) to signing a form saying you agree to the treatment or operation. It is important **before giving permission that you understand** what you are agreeing to. **If you do not understand – ask.** More detailed information is available on request.

### How to comment on your treatment

We aim to provide the best possible service and if you have a question or a concern about your treatment then the Patient Advice and Liaison Service (PALS) are always happy to try to help you get answers you need. You can contact PALS on **0800 917 6039** or

E-mail: [PHT.pals@porthosp.nhs.uk](mailto:PHT.pals@porthosp.nhs.uk) who will contact the department concerned on your behalf.

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